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EDITOR'S NOTE

Welcome to the March edition of The Sydenhamite, where stories unfold between thought, emotion, and experience. This issue brings together reflections on life's complexities, from quiet moments of introspection to the energy of student life and achievement. Each article invites you to pause, reflect, and perhaps see a part of your own journey within these pages.

As you turn through this edition, we hope you find not just words, but meaning, connection, and a moment of stillness.

boring office

old memory of new time

BEFORE WE ASK WHAT COMES AFTER DEATH

Kinnari Zore

There is a quiet argument that lives inside the human mind. Sometimes it appears in silence, when thoughts begin to question the meaning of living itself.

One part of us believes that living might be the harshest thing humans ever do. Because to live is to suffer in one way or another. Even when we escape certain struggles, they often return, sometimes in even harsher forms. The world can feel like a system carefully wired with patterns and expectations, making it difficult to step outside of it. And beyond the world, there is another battlefield waiting within us: the mind. Humans spend much of their lives fighting their own thoughts : doubt, fear, regret, and endless questions. Awareness does not always bring peace; often, it only reveals how complicated life truly is.

Yet within the same mind, another thought quietly rises.

Yes, suffering is inevitable. But so is happiness. Pain may return, but so does warmth. Darkness may appear, but humans still keep searching for light. It is part of our nature. Even after disappointment, people still hope. After loss, they rebuild. After heartbreak, they still choose to feel again. Life is not only suffering, nor only happiness. It exists somewhere in between a constant movement between : shadow and light. The same heart that feels sorrow is also capable of love, curiosity, and wonder.



And perhaps this is where the deeper question begins: What comes after death?

But maybe that mystery cannot be understood without first understanding what came with life : awareness, emotion, the ability to suffer, and the ability to find meaning despite it. Living may not be the worst thing humans can do.

Perhaps it is simply the most complex. Because to live is to carry contradictions : to struggle and still search for joy, to question and still move forward.

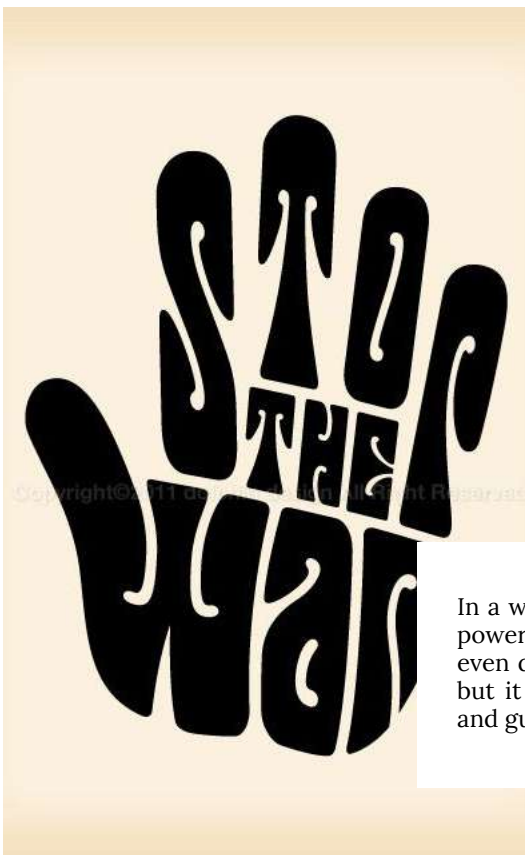
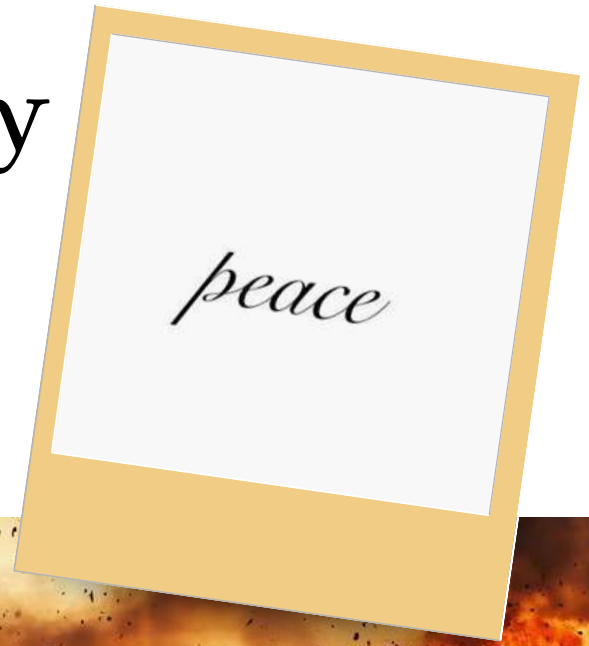
And before we seek answers about what comes after death, perhaps we must first understand the strange, difficult, and remarkable experience of being alive.

Why Diplomacy Matters More Than Ever in a World of Conflicts

Kinnari Zore

In today's world, tensions between nations can rise quickly, and the consequences of conflict are far greater than they once were. In a world of advanced weapons and instant communication, a single conflict can affect millions ; making diplomacy more important than ever.

Diplomacy is the art of resolving disagreements through dialogue, negotiation, and understanding, rather than through violence. It allows nations to express their concerns, protect their interests, and search for solutions while avoiding the devastation that war brings. Often, conflicts grow not only from rivalry, but from misunderstanding and mistrust. Diplomacy creates a space where nations can listen to one another and work toward compromise.



One of the most important roles of diplomacy is preventing conflicts from escalating. History shows that many wars began with tensions that were left unresolved. When communication breaks down, suspicion and hostility quickly take their place. Diplomatic dialogue keeps communication open, allowing problems to be addressed before they grow into something destructive.

Diplomacy also plays a humanitarian role during conflict. Negotiations can lead to ceasefires, the delivery of aid, and the protection of civilians caught in dangerous situations. Even small diplomatic efforts can help reduce suffering and protect lives.

In a world that is deeply interconnected, peace cannot be maintained through power alone. It requires patience, understanding, and the willingness to talk even during disagreement. Diplomacy may not always solve conflicts instantly, but it remains one of humanity's most powerful tools for protecting stability and guiding nations toward a more peaceful future.

BEHIND THE SESSION: WITH SHUBHANGI PINGOLKAR

Kinnari Zore

Shubhangi Pingolkar never “romanticized” the idea of becoming a counselor, yet here she is, the dedicated Counselor at Dr. Homi Bhabha State University. For two years, she’s navigated the student mental health landscape, driven by a simple, genuine interest in how people work.

Our conversation began with the biggest myth she constantly hears: that therapists are mind readers. Shubhangi just laughs at that. “That’s not it at all,” she shares. “We work with the information clients give us, really just holding a mirror for them rather than jumping to conclusions.”

She describes her work not as some technical analysis, but like helping someone piece together a puzzle and see the complete picture. The counselor isn’t there to give orders; it’s a team effort, requiring the client’s own motivation to succeed.

The work is deeply personal. Before counselors can help others, they have to do tough “self-work” training—a process that fundamentally changed Shubhangi. Her journey taught her to recognize her own biases so they wouldn’t influence her sessions.



It wasn’t about distancing herself, but about becoming more aware, allowing her to truly see each person as they are.

The most profound shift in her worldview came during her work on a helpline project, where she spoke to people from across India. Each conversation revealed: A different reality, different backgrounds, different struggles, different life paths. Yet, beneath all that diversity, she noticed something deeply shared. She encountered people dealing with loss, uncertainty, loneliness, and personal battles that often go unseen. But what stayed with her was not just their pain it was their resilience. Despite everything they had experienced, they continued to show a willingness to move forward, to understand themselves, and to create change in their lives.

That realization didn’t make her cynical. Instead, it grounded her and filled her with gratitude. She saw that strength doesn’t always appear bold or certain; sometimes it exists quietly, in the simple act of continuing. We talked about those quiet moments in therapy—the silences. They aren’t awkward pauses; they are vital moments for both people in the room to just think, feel, and process emotions. She loves hearing clients talk about their passions, their creativity, and the raw courage it took just to start something they were afraid of.

When I asked for a simple self-care tip, Shubhangi offered a philosophy of expression over perfection. “Just stroke the brush without caring much about whether it’s a straight line or not,” she advises. “Allow yourself to do things you like, not to be good at it for others, but simply to let yourself enjoy the process.”

She ended on a powerful, simple truth, emphasizing the bravery in reaching out: “It takes a lot of courage to speak for yourself, to speak about one’s own emotions,” she says. “More than anything we do as counsellors, it’s about the client deciding to discover themselves.”

That courage is something Shubhangi deeply respects, and she wants every student who needs support to know that the door is open. The counselling centre at Elphinstone College offers free counselling for all college students associated with Dr. Homi Bhabha State University. Whether through private sessions, group activities, or simple support programs, she and her team are ready to help those who find the strength to walk through the door and begin their own journey of piecing things together.

SIDE HUSTLE CULTURE: PASSION OR PRESSURE?

Riddham Agarwal

In recent years, the idea of having a “side hustle” has become very common, especially among students and young professionals. Apart from studies or regular jobs, many people today are trying to build something extra of their own. Some start small online businesses, some create content on social media, while others take up freelancing, tutoring, or creative projects. If you open Instagram, LinkedIn, or YouTube, you will constantly see people talking about productivity, new ideas, and building something beyond the usual routine.

For many people, a side hustle truly comes from passion. It gives them a chance to explore interests that may not be part of their main career or studies. Someone who loves photography might start taking small projects on weekends. Someone interested in design might begin creating digital art or freelancing online. In these situations, the side hustle becomes more than just work – it becomes a space where people can learn, experiment, and grow.

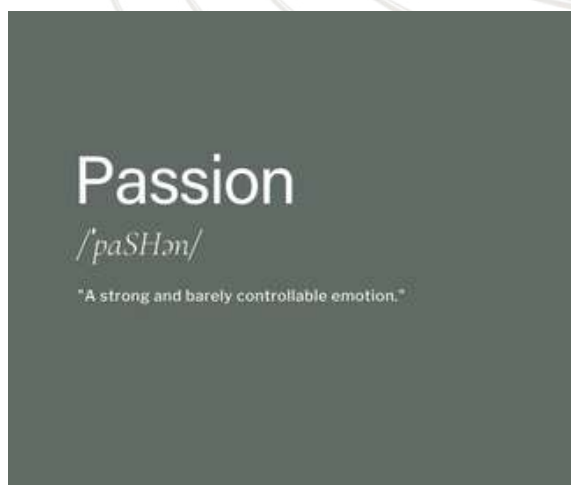
At the same time, the rise of hustle culture has also created a new kind of expectation. When we constantly see others talking about their projects, startups, or achievements, it can sometimes make us feel like we should also be doing something extra. Even normal free time can start to feel unproductive. A simple evening of relaxing or spending time with friends may suddenly feel like time that could have been used more “productively.”

Because of this, side hustles today can mean different things for different people. For some, it is a way to follow their passion, gain independence, and build something meaningful step by step. For others, it can slowly turn into pressure created by comparison and social trends. What begins as inspiration can sometimes become a feeling that we must keep up with everyone else.

The truth is, there is no single reason why people choose side hustles. Some genuinely enjoy the process of creating something new and challenging themselves. Others may simply be trying to explore opportunities or secure their future. And some may still be figuring out whether they truly want a side hustle or if they are just following a trend they see around them.

Maybe side hustle culture is not completely about passion and not entirely about pressure either. It sits somewhere in between, shaped by personal choices, goals, and circumstances. For some people, it will always remain a source of creativity and ambition. For others, it might feel like another expectation added to an already busy life.

In the end, the question might not be whether side hustles are good or bad. Instead, it may simply be about understanding our own reasons behind them. Because while hustle culture may look the same from the outside, the meaning it holds for each person can be different.



REGRET.

THE LAW OF LEAST REGRET

Pranjal Patil

She finally confessed her love after hiding it for years, and the answer was a quiet, gentle no. While walking back alone, she realised that rejection hurt far less than the lifelong regret she would have carried if she had never spoken at all. This moment captures the true meaning of the Law of Least Regret - the idea that when life places us at difficult crossroads, we should choose the option we are least likely to regret later, not the one that only feels safe or socially correct in the present.

The Law of Least Regret is not about choosing the easiest or most popular path; it is about choosing the one that allows you to live peacefully with yourself in the future. Life decisions are rarely between right and wrong - they are usually between comfort and courage. Whether it is staying in an unfulfilling job, delaying a personal dream, remaining silent in an important relationship, or avoiding a difficult but necessary change, the real question becomes simple: Which choice will hurt me more when I look back at this moment years from now? Even for a student standing at the edge of career decisions, one honest attempt often hurts less than a lifetime of wondering "what if?"

Psychologically, this way of choosing is deeply human. Research on decision-making by Daniel Kahneman shows that people do not decide only through logic and facts; they imagine how they will feel in the future, especially feelings such as loss and regret. That is why failure slowly fades, but untried chances stay alive in memory. The Law of Least Regret does not encourage careless risk; it encourages thoughtful courage; planning responsibly, understanding the consequences, and still allowing yourself to try.

In the end, the Law of Least Regret is not only about careers or success; it belongs to very human moments - confessing love, choosing self-respect, starting something uncertain, or letting go of what no longer feels right. People rarely suffer because a decision failed; they suffer because they never gave themselves permission to try. A life guided by the Law of Least Regret may not look perfect from outside, but it feels lighter inside - because it is built on honesty, courage and the quiet peace of knowing that you did not remain silent when your heart asked you to act.



A Smile That Speaks

Riddhi Patil

Yesterday evening, while returning home, I noticed something small but strangely beautiful. At a crowded signal, where vehicles were impatiently honking and people looked tired after a long day, a little girl was sitting on the back seat of a scooter in front of me. She kept turning around and looking at the people behind her. Most of them were serious, some were scrolling on their phones, and a few looked completely lost in their own thoughts. Then suddenly, her eyes met mine.

For a moment she simply stared at me, as if she was trying to decide something very important. And then, without any reason at all, she gave me the widest, most innocent smile. Not the polite smile we give strangers. Not the forced smile we wear for photos.

A real one.
Before I could react, the signal turned green and the scooter moved ahead. I didn't even get the chance to smile back. But strangely, that two-second moment stayed with me the entire evening.

Why?



Maybe because somewhere between deadlines, assignments, crowded trains, and endless notifications, we forget something very simple, smiling.

A smile is such a small thing, yet it carries so much meaning. It can say "I see you," "It's okay," or sometimes simply "Life isn't that serious." We often think we need big gestures to brighten someone's day, but sometimes all it takes is a genuine smile.

Think about it. A teacher smiling at a nervous student before a presentation. A friend smiling across the classroom when you make a silly mistake. Even a stranger smiling when you accidentally bump into them. These moments may seem ordinary, but they quietly soften our day.

Children seem to understand this better than we do. They smile freely, without calculation or hesitation. They don't wonder whether it's appropriate or whether someone will judge them. They simply smile because they feel like it.

And maybe that's why that little girl's smile stayed with me.

Because when I finally reached home and thought about it again, I caught myself smiling too.

It was almost as if that tiny stranger at the signal had unknowingly reminded me of something important, that smiles don't always need a reason.

Sometimes, they simply need to be shared.



Life Goes On

Riddhi Patil

There are days when life feels like a perfectly planned movie scene... and then there are days when the alarm doesn't ring, the assignment deadline is suddenly today, and you realize you've been walking around with mismatched socks the entire morning. In those dramatic moments, it honestly feels like the universe has personally decided to ruin your day. We sigh, we panic, we declare, "That's it, my life is over!"

But somehow... life doesn't agree.
It simply keeps moving.

Think about it. The presentation you forgot to prepare for? You somehow manage to speak for five minutes using pure confidence and random facts. The embarrassing moment in class when you answered a question completely wrong? By next week, nobody even remembers it except you, and even you start laughing about it later. What feels like a disaster in the moment slowly turns into a story you tell your friends with a dramatic reenactment.

Life has a funny way of doing that. It takes our worst "cringe moments" and quietly turns them into memories.

Students especially know this feeling well. One bad test, one awkward conversation, one mistake, and suddenly it feels like everything is falling apart. But the strange and beautiful thing about life is that it doesn't stop for our mini breakdowns. It just adjusts the script and continues the story.

The results we were terrified about? They become just another page in our journey. The plan that didn't work out? It opens the door to something we never expected. The people we thought we couldn't live without? Sometimes they become distant memories, making space for new friendships we didn't see coming.

It's almost like life knows something we don't.

Maybe that's the real magic of it. We spend so much time worrying about how things will turn out, only to realize later that the path we feared the most often leads to the best chapters of our story.

Even our most chaotic days have a quiet lesson hidden in them. The missed bus teaches patience. The failed attempt teaches resilience. And the awkward moments remind us that being human is beautifully imperfect.

Years later, when we look back at these moments, we rarely remember the stress. Instead, we remember the laughter, the people around us, and the strange twists that somehow made everything work out.

So the next time life feels like a complete mess, when you oversleep, miss a deadline, or embarrass yourself in front of half the class, take a deep breath. Because chances are, a few years from now, it will just be another funny story you tell.

And life?

It will already have moved on to the next chapter.



Two of us can stand in the same place, at the same time, and walk away carrying completely different worlds inside our hearts. I once saw this clearly on a crowded railway platform - one person staring at a departing train with quiet relief, another holding back tears for a chance that slipped away. Nothing around them was different. Only the way they felt was. That moment taught me something simple and uncomfortable: reality is not what happens in front of our eyes. It is what forms inside us after we look at it.

We like to believe that situations speak for themselves, but they rarely do. A bad result, a harsh comment, a sudden silence from someone we care about - these moments do not arrive with meaning attached to them. We give them meaning. One student reads failure as a final verdict on their ability, while another reads it as a pause, not an end. One person hears criticism as cruelty, another hears it as concern. Our experiences, fears, and hopes quietly stand behind every reaction we have, shaping what we call "the truth".

Even our sense of right and wrong is more emotional than we admit. If we step on something small and unpleasant, we feel almost nothing. But if something soft, colourful and harmless is hurt, we feel instantly disturbed.

The World Through My Eyes and Yours

Pranjal Patil

The act may be similar, yet our judgement changes because our feelings decide first and our logic follows later. What looks gentle to us seems worth protecting; what looks ugly or threatening feels easier to destroy. In ways we rarely notice, our morals are influenced by what we find beautiful, familiar or comforting. Perspective does not only shape opinions - it shapes conscience.

The same is true with pain. Two people may face the same rejection, the same heartbreak, the same loss. One keeps asking, "Why did this happen to me?" and slowly sinks deeper into the moment. The other, just as broken, begins to ask, "What can I take from this?" The suffering is real for both. The difference lies in how long the pain controls their future. When our perspective changes, the past does not disappear - but it stops owning us.

And perhaps the most dangerous kind of blindness is not the inability to see at all, but the belief that the little corner we see is the entire world. When we start thinking that our way of understanding life is the only valid one. We quietly close the door on empathy. We stop listening. We stop being curious about stories that do not look like ours. If perspective is the only reality we truly experience, then learning to respect another person's view is not just kindness - it is wisdom. Because the world is not one fixed picture. It is made of countless fragile, human viewpoints, each quietly trying to make sense of the same life in its own way.



A PROUD ACHIEVEMENT

Ruchika Singh

Every educational institution dreams of producing individuals who leave a strong mark on the world through their talent and dedication. Our college proudly celebrates one such inspiring personality, Amit Pabuwal, an ex-student whose remarkable craftsmanship has earned international recognition. His journey from being a student to becoming a globally known trophy designer is a matter of immense pride for our entire college community.

Amit Pabuwal has made history by crafting one of the most prestigious trophies in international cricket – the ICC Men’s T20 World Cup Trophy. This trophy represents the spirit, excitement, and competitiveness of modern cricket. Being chosen to craft such an iconic symbol of the sport is an extraordinary achievement and reflects the exceptional skill and creativity of our former student.

The T20 World Cup is one of the most-watched cricket tournaments in the world. Millions of fans from different countries follow the matches with great enthusiasm. The trophy lifted by the winning team is not just a piece of metal; it symbolizes glory, victory, and the dreams of countless players. Knowing that the trophy was crafted by someone who once studied in our college fills us with immense pride and inspiration.

Amit Pabuwal’s work showcases the beauty of fine craftsmanship and dedication to perfection. Designing and crafting an international trophy requires precision, creativity, and years of experience. His ability to create something that represents a global sporting event demonstrates the high level of talent he possesses. Through his achievements, he has proven that passion and hard work can take a person from a classroom to the global stage.

For students of our college, his success is a powerful motivation. It reminds us that great achievements are possible when we follow our dreams with determination. His journey shows that success is not limited to any particular field; whether in sports, art, design, or business, excellence can bring recognition and respect worldwide.

Moreover, his accomplishment also highlights the role of educational institutions in shaping individuals. Our college provided the environment where he once studied, learned, and developed his ideas. Today, seeing him achieve such a remarkable milestone strengthens the belief that our institution nurtures talent that can reach international heights.

The achievement of Amit Pabuwal is not only a personal milestone but also a proud moment for our entire college. His contribution to crafting the ICC T20 World Cup trophy has brought honor and recognition to our institution. We celebrate his success and hope that his journey will inspire many more students to dream big, work hard, and achieve greatness in their respective fields.

Friendship: The Blessing We Choose

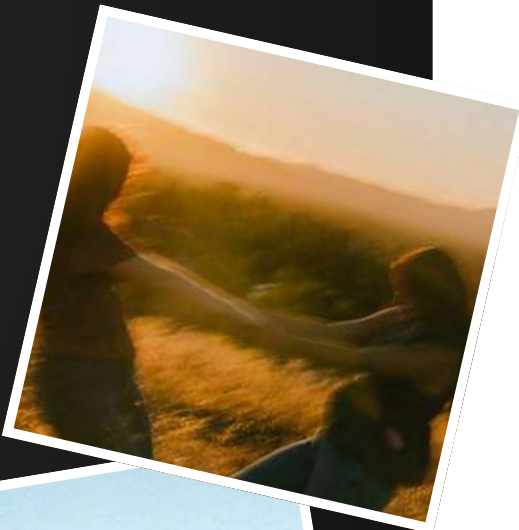
Ruchika Singh

Friendship is one of the most beautiful blessings God has given us. Family is something we are born into, but friendship is something we choose. Every relationship has its destiny decided. But in friendship, we choose that person by our will out of our real emotions. Out of so many people in the world, we somehow find a few souls who become our people. It feels almost magical that two strangers can slowly become someone's safe place. They become part of life; days feel upset and empty without them. They are the spark of the day, happiness in sadness. A friend is not just someone we laugh with.

A friend is someone we can cry in front of, someone we can share our dreams with, our plans, our ideas, even the craziest thoughts about the future.

Sometimes we plan trips together, sometimes startups, and sometimes we simply plan life itself. Friends make life balanced. Male friends, female friends—every friendship brings something unique and valuable. They have seen us in our most vulnerable situation held us in our lowest; how they understand us without saying anything. The silence, which often sounds creepy, but when sitting with them, that silence also feels very melodious. Friends are not just people; they are literally a part of us that live a different life. When God is not able to reach you he sends you a friend to support you every time you need. Having a friendship that lasts for years teaches you many things.

My 13 years of friendship have taught me that friendship is not only about fun moments but also about lessons, patience, loyalty, and love. A strong friendship becomes a bond where emotions are understood even without words. That friendship, which has lasted for a longer period of time, has made you a soul friend for me. She means everything when I am at my lowest; for every inconvenience that hurts me, I run back to her, and like that, she is there to protect me. Friendship is not about who is giving more; it's all about who is staying. It's a part where we both put each other in a situation where we love each other without any boundaries.



When everything falls apart, you have a friend who holds you. Some feelings cannot be explained, but a true friend understands them just by looking at you. That is the beauty of friendship. It is a connection built not by blood, but by choice, trust, and shared memories. Sitting with them feels like home wherever we are. So one quote goes like this: The place has nothing to feel; it has only my friends that make it special.

Throughout this long journey I have made a lot of friends and I am very lucky to have friends with whom I can have a very good conversation, a perfect day out and I love to be felt Friendship thoughts me so much every time I see around a friend is artist, yoga player, a business owner, a kindest person the group you develop you grow when you have best people around you and this surrounding which makes you a successful person is the group of person you are sitting with I am very pretty sure that my friend always fill the table with everything I need.

In a world that constantly changes, a true friendship remains one of life's greatest blessings. Maybe God give us this part to choose a friends to let's enjoy your life as you want it give us one boon that gave us immense pleasure to live this life as our fullest he made a different home in our heart for them he made as a new person front of them Friendship is not just a relation it's emotion where we are free for everything to express



WRITERS AND THEIR STORIES

Ruchika Singh

I WAS BORN TO WRITE
AND CREATE.

A writer does not begin with ink. A writer begins with a feeling.

There are emotions we cannot say out loud—love that remains unspoken, pain that feels too personal, thoughts that others may never understand. While most people search for someone to listen, writers turn to paper. They write because the page does not interrupt, judge, or misunderstand. Paper has patience. It listens quietly and keeps every secret.

Many writers begin during the most vulnerable phases of their lives. When the heart feels heavy, and there is no one to explain it to, writing becomes a safe place. It is not about showing talent; it is about survival. Words become a way to release what is trapped inside. When emotions feel overwhelming, writing gives them structure. Once feelings are shaped into sentences, they become easier to face.

Writing is often called a creative skill, but in truth, it is an act of courage. To write honestly is to expose hidden parts of yourself. Those who can place their emotions on paper are among the bravest people alive.

They transform invisible feelings into something others can see and understand. Through stories and characters, writers reveal truths they may never say directly.

Some stories make us cry for hours. We connect deeply with fictional characters, as if their pain is our own. This happens because writers understand human emotions. They observe how people love, how they break, how they hide their sadness behind smiles. They turn small real-life moments into powerful narratives that feel universal.

Yet writing is also mysterious. Much of what we read is written by people we do not personally know. Anonymous voices shape our thoughts, inspire us, and sometimes even change our beliefs. Are their stories real experiences or carefully crafted metaphors? Perhaps it does not matter. Even fiction carries emotional truth.



Even history is written by someone. Every event we read about has passed through a writer's perspective. This reminds us that writing is not only about recording facts. It is about interpretation. Every story carries a piece of its writer within it.

For many, writing begins with personal experience. When love cannot be expressed, it becomes poetry. When heartbreak feels unbearable, it becomes a diary entry. Writing turns silence into meaning.

In the end, writers and their stories are inseparable. Stories are pieces of the writer's soul, sometimes hidden, sometimes clear, but always real in emotion. Writing is not just about words; it is about connection. Through sentences, strangers find themselves in each other.

And that is the true power of a writer: to transform feelings into something that lives beyond them.

Where Achievement Meets Celebration – Sydenham Annual Day 2025–26

Riddhi Patil and Pranjal Patil

Sydenham College of Commerce & Economics celebrated its Annual Day and Prize Distribution Ceremony on 10th March 2026 at the Dr. Babasaheb Ambedkar Auditorium. The event brought together students, faculty members and distinguished guests to celebrate another successful academic year of the college. The presence of respected dignitaries made the occasion even more special and created a warm and cheerful atmosphere in the auditorium.

The ceremony began with the arrival of the dignitaries on the stage, followed by the National Anthem and the State Anthem, paying respect to the nation. Soon after, the auspicious lamp was lit, marking the formal beginning of the celebration.



The guests were warmly welcomed and felicitated by the college authorities. Among the distinguished guests present were Prof. Rajanish Kamat, Vice-Chancellor of Dr. Homi Bhabha State University, and Ms. Dilnavaz Variava, an alumna of Sydenham College and former CEO of the World Wildlife Fund. Along with them, Principal Dr. Shrinivas Dhure, several respected faculty members and dignitaries, and alumni including Dinesh Kocchar, Rajeev Ruia, Rajiv Punater, Mahendra Rajda, and Shyam Kotak were also present for the occasion.

The program then continued with the Annual Report presented by Principal Dr. Shrinivas Dhure, where he highlighted the major achievements of the college during the academic year. He spoke about the efforts of the students in academics, sports and various co-curricular activities. He also appreciated the contribution of the different student societies and committees that actively organise events and initiatives throughout the year. His report reflected how Sydenham continues to grow while maintaining its strong academic traditions.

After the report, the Guest of Honour Ms. Dilnavaz Variava addressed the audience. She shared a few thoughtful words with the students and spoke about the importance of learning, responsibility and staying connected to one's roots. Soon after, Chief Guest Prof. Rajanish Kamat also shared his views and encouraged students to remain curious, hardworking and open to new opportunities in life.

Their words were simple yet inspiring for everyone present in the auditorium.

The highlight of the event was the Prize Distribution Ceremony, where students were recognised for their outstanding achievements. Awards were presented for academic excellence, sports achievements and various society activities. One by one, students walked up to the stage to receive their certificates and trophies, making it a proud and memorable moment for them as well as their friends and teachers. The applause from the audience reflected the encouragement and appreciation for their hard work.

After the prize distribution concluded, the atmosphere in the auditorium slowly shifted from formal to festive. The cultural programme began, bringing a burst of energy and excitement to the stage. Students performed lively dances and musical acts that filled the hall with enthusiasm and joy. Each performance was greeted with loud cheers and applause, showing the vibrant spirit of the Sydenham community.

The Annual Day was not just about awards and speeches; it was a celebration of the efforts, talents and memories created throughout the year. It reminded everyone of the strong bond shared by students, teachers and the institution. As the event came to an end, the auditorium was filled with smiles, photographs and conversations, a perfect way to celebrate another memorable chapter in the journey of Sydenham College.



CLICK!

The Role of the Placement Cell in Shaping Student Careers

Riddham Agarwal

In every college, students spend years building their knowledge, skills, and ambitions. But one important question always remains in their minds – what comes next after graduation? This is where the placement cell plays a very important role. The placement cell acts as a bridge between students and the professional world, helping them move from academic life to career opportunities.

The main purpose of a placement cell is to support students in preparing for their future careers. It works to connect students with companies, organizations, and industry professionals.

One of the key initiatives often organized by placement cells is career summits or career development events. These events bring together industry experts, recruiters, and professionals who share their experiences and knowledge with students. Students get a better understanding of what different industries expect from them. It also helps them learn about the skills, mindset, and preparation needed to succeed in their chosen fields.

Many placement cells conduct workshops on resume building, interview preparation, communication skills, and professional etiquette.

These activities help students become more confident and better prepared when they step into interviews or professional environments.

Another important aspect of the placement cell is guidance. Not every student has a clear idea about their career path, and the placement cell often becomes a support system that helps them explore options and make informed decisions. By interacting with professionals and recruiters, students get a clearer picture of the opportunities available to them. Through these initiatives, the placement cell creates an environment where students can prepare themselves not only academically but also professionally.

In today's competitive world, having the right guidance and exposure can make a big difference in shaping a student's future. The placement cell plays a valuable role in creating that support system within the college.



THE SYDENHAMITE

Reach out to us at sydenhamalumni@sydenhamcollege.edu

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President of Alumni Association: Mr. Ajit Lalvani

Vice President of Alumni Association: Mr. Hosi Charna

Strategy Advisor: Mr. Mohammed Virani

Sydenham Alumni Cell Prof In-charge: Prof. Rajendra Mali

Sydenham Alumni Cell Core Team: Sanika Gujar (Chairperson), Smruti Madiwala (Vice Chairperson), Himanshu Vaishnav (Coordinator), Rehan Dariashaw (Student Representative), Shaan Gosar (Assistant Student Representative)

"The Sydenhamite" Editor: Tanvi Vare



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